

ON WHICH SIDE ARE YOU?

Don't switch off the light when you leave a room



Decide what you need before you open the fridge



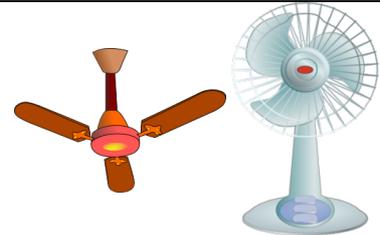
Put warm dishes in your fridge or freezer



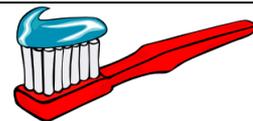
Take quick showers instead of baths



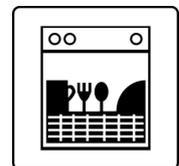
Use fans instead of an air conditioner



Don't turn off the water when brushing teeth



Wash only full loads of dishes or clothes



Leave the computer plugged when you are not using it



Change incandescent bulbs with compact fluorescent lights bulbs



Put all electronic devices on a power strip, and turn the strip off when not in use



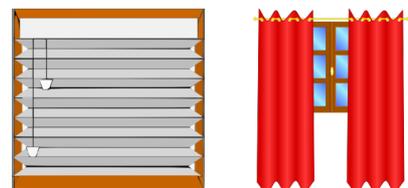
Make use of daylight hours and do not turn on lights and lamps



Don't leave mobile phone on charge unnecessarily



Close your blinds or curtains on sunny winter days and turn on the light



Use cold water cycle whenever possible and do not use too much detergent



If the air conditioning or heat is on, keep doors and windows open

