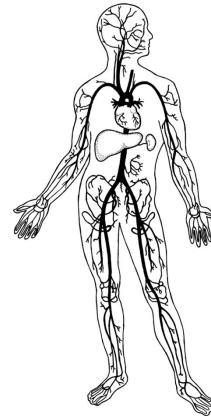


Your body needs energy to:

- work properly and stay healthy
- keep your body at the right temperature
- pump blood around the body
- grow and repair the body.



THE BODY USES ENERGY EVEN WHEN YOU'RE ASLEEP.

