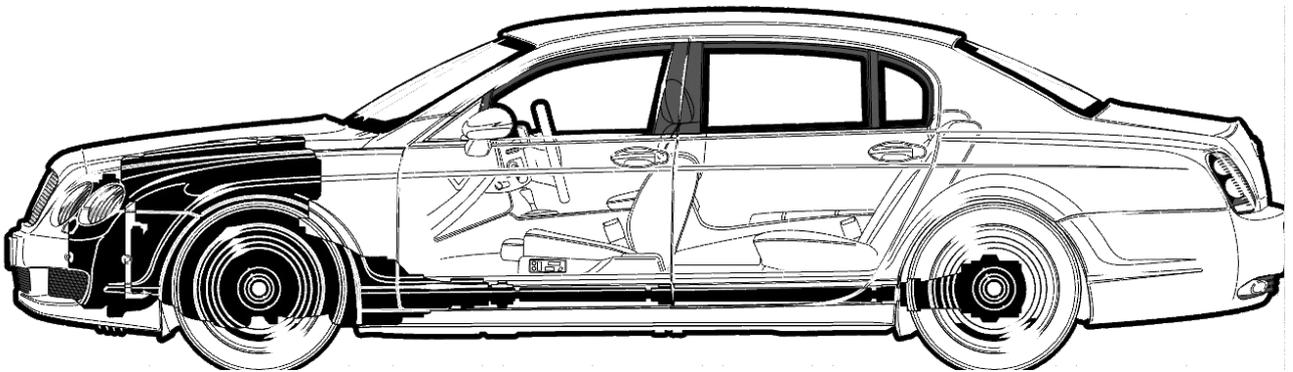
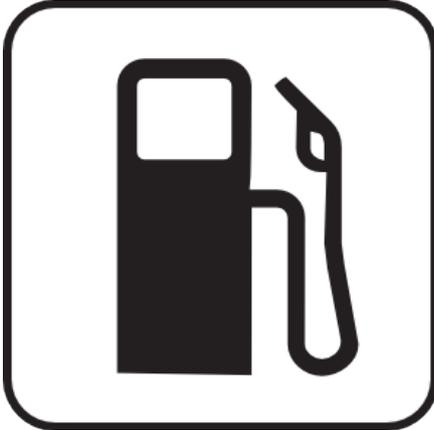


What does a car need to work properly?



Anything that moves
or makes things
uses energy.

This energy comes
from different
places

The source of energy
for a car is petrol,
for our bodies is
food and drink



You can't see energy
or touch it but our
bodies use it every
day

Energy is the capacity of a physical system to do work. The common symbol for energy is the uppercase letter **E**. The standard unit is the **JOULE**, symbolized by **J**.